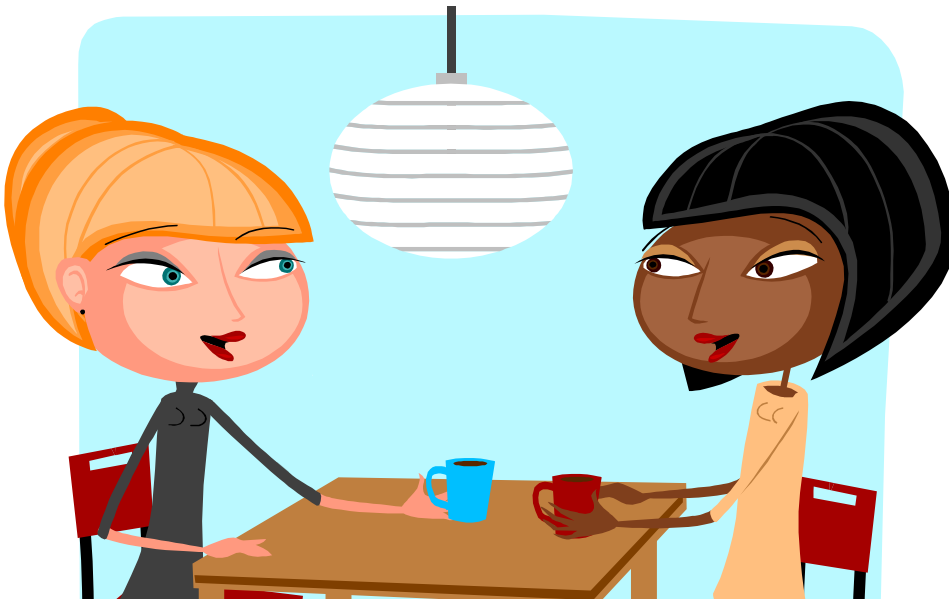




**MENTAL HEALTH ASSOCIATION**  
FIND WELLNESS.



# COFFEE CLUB THIRD THURSDAYS

Alternating two locations @ Tim Horton's

**Family Support cares about all areas of family!**

What's on your mind? Relationship issues? Job, financial matters?

Or just need to vent? (It doesn't always have to be about the kids.)

**Come join MHA's Family Support Coffee Club!**

## SO LETS TALK!

**Every Third Thursday  
12 noon to 1:30 pm**

**ODD MONTHS @  
Tim Horton's  
1250 University Ave.**

**EVEN MONTHS @  
Tim Horton's  
1580 Jefferson Rd.**

**Have your first cup  
on us!**

**Come to one or come  
to all!**

**SPONSORED BY:  
MENTAL HEALTH  
ASSOCIATION**

320 N Goodman St  
Rochester, NY 14607

Contact: Wendy Irvine

585-325-3145 X 157  
(For information & sign up)