



MENTAL HEALTH ASSOCIATION
FIND WELLNESS.

FAMILY EDUCATION WORKSHOP

FOUR KEYS TO SUCCESSFUL PARENTING®

Many caregivers are confused and feel inadequate when it comes to managing their children's behavior. You are invited to join us for an informational presentation and discussion relating to child/caregiver relations. The DVD will be accompanied by a facilitated discussion of the "keys":

- Building a Strong Relationship
- Being Consistent
- Managing Yourself
- Helping Children Manage Themselves

Who should attend?

Caregivers of children of all ages

Workshops are free!
Refreshments provided
Registration required

Schedule:

Thursday

November 1, 2018

5:00 pm to 7:00 pm

Will be held at:

Mental Health Association Family Support Services
320 North Goodman Street, Suite 202
Rochester, NY 14607

For more information and to register, call:

(585) 325-3145, ext.150