



MENTAL HEALTH ASSOCIATION  
FIND WELLNESS.

## **FAMILY EDUCATION**

### ***Handling Misbehavior***

Let's talk about maintaining self-control, offering new learning opportunities, using the ignore technique, understanding the importance of distraction, and learning the vending machine example of behavior that continues if there is a payoff.

You are invited to join us for an important discussion, based on The Incredible Years® program, about how to prevent and discourage misbehavior.

#### **Who should attend?**

**Caregivers of children 3-8**

***Workshops are free!***  
***Refreshments provided***  
***Registration required***

#### **Schedule:**

Monday  
November 26, 2018  
11:30 am to 1:30 pm

#### **Will be held at:**

Mental Health Association Family Support Services  
320 North Goodman Street, Suite 202  
Rochester, NY 14607

**For more information and to register, call:**  
(585) 325-3145, ext.150