



MENTAL HEALTH ASSOCIATION
FIND WELLNESS.

FAMILY EDUCATION

Discipline Makes the Difference

Ever see those children who seem to be well-behaved? They're walking next to their parents and demonstrating self-control. Do you ever wonder what those parents know that you don't know? Or what they have that you don't?

You are invited to join us for a discussion about discipline. This workshop offers us techniques to help teach our children to behave in socially acceptable ways.

Who should attend?

Caregivers of school-age children

***Workshops are free!
Refreshments provided
Registration required***

Schedule:

Friday
December 14, 2018
10:00 am to 12:00 pm

Will be held at:

Mental Health Association Family Support Services
320 North Goodman Street, Suite 202
Rochester, NY 14607

For more information and to register, call:
(585) 325-3145, ext.150