



# MHA Roc Peer Academy

The MHA Roc Peer Academy is a training program for peers where we take an intersectional approach to learning the practice of peer support and developing the employment skills necessary to enter the peer specialist workforce. The Winter 2019 Peer Academy will run from February 5<sup>th</sup> through April 4<sup>th</sup> 2019.

**Time:** *Tuesdays and Thursdays from 9:30 – 12:30 from February 5<sup>th</sup> – April 4<sup>th</sup>*  
**Location:** *MHA Roc’s Life Skills Services 344 N. Goodman St. Rochester, NY 14607*  
**Contact:** *Kirsten at (585) 224-2005 or [kmuckstadt@mharochester.org](mailto:kmuckstadt@mharochester.org)*

If you would like to participate in the Winter 2019 Peer Academy, please complete the attached registration form and return to [kmuckstadt@mharochester.org](mailto:kmuckstadt@mharochester.org) by 1/25/19. Space is limited so be sure to register ASAP. Participants are expected to attend all sessions.

## Winter 2019 Peer Academy Schedule

<b>Week 1</b>	<i>Tuesday February 5<sup>th</sup> 9:30-12:30</i> Introduction to Peer Support	<i>Thursday February 7<sup>th</sup> 9:30-12:30</i> Historical Roots of the Peer Movement
<b>Week 2</b>	<i>Tuesday February 12<sup>th</sup> 9:30-12:30</i> The Goal is Recovery	<i>Thursday February 14<sup>th</sup> 9:30-12:30</i> Introduction to Person Centered Principles
<b>Week 3</b>	<i>Tuesday February 19<sup>th</sup> 9:30-12:30</i> Action Planning for Prevention & Recovery	<i>Thursday February 21<sup>st</sup> 9:30-12:30</i> Creating Person-Centered Service Plans
<b>Week 4</b>	<i>Tuesday February 26<sup>th</sup> 9:30-12:30</i> Trauma Informed Peer Support Session I	<i>Thursday February 28<sup>th</sup> 9:30-12:30</i> Trauma Informed Peer Support Session II
<b>Week 5</b>	<i>Tuesday March 5<sup>th</sup> 9:30-12:30</i> Essential Communications Skills Session I	<i>Thursday March 7<sup>th</sup> 9:30-12:30</i> Essential Communications Skills Session II
<b>Week 6</b>	<i>Tuesday March 12<sup>th</sup> 9:30-12:30</i> The Rehabilitation Act and the ADA and Olmstead: Continued Mandate of De-Institutionalization	<i>Thursday March 14<sup>th</sup> 9:30-12:30</i> Human and Patient Rights in New York
<b>Week 7</b>	<i>Tuesday March 19<sup>th</sup> 9:30-12:30</i> The Important of Advocacy Session I	<i>Thursday March 21<sup>st</sup> 9:30-12:30</i> The Important of Advocacy Session II
<b>Week 8</b>	<i>Tuesday March 26<sup>th</sup> 9:30-12:30</i> Documentation for Peer Services	<i>Thursday March 28<sup>th</sup> 9:30-12:30</i> Peer-Delivered Service Models
<b>Week 9</b>	<i>Tuesday April 2<sup>nd</sup> 9:30-12:30</i> Certification & Employment as a Peer Specialist	<i>Thursday April 4<sup>th</sup> 9:30-12:30</i> Wrap-Up and Review

The Peer Academy builds upon the content of the 13 core courses required to obtain the New York Peer Specialist certification (NYCPS) through the Academy of Peer Services, [www.academyofpeerservices.org](http://www.academyofpeerservices.org) You can find more information about the certification at [www.nypeerspecialist.org](http://www.nypeerspecialist.org)