



MENTAL HEALTH ASSOCIATION
FIND WELLNESS.

FAMILY EDUCATION WORKSHOP

Parenting with Wit and Wisdom©

Certified Reality Therapist Cathie Looney sheds some light on the confusing process that is parenting. She blends humor and common sense while discussing character development in this “WE” generation.

What IS the goal of parenting today? To teach our children the skills that allow them to go out in the world and live.

Who should attend?

Caregivers of children ages 5 to 18

***Workshops are free!
Refreshments provided
Registration required***

Schedule:

Thursday
February 7, 2019
5:00 pm to 7:00 pm

Will be held at:

Mental Health Association Family Support Services
320 North Goodman Street, Suite 202
Rochester, NY 14607

For more information and to register, call:

(585) 325-3145, ext.150