



MENTAL HEALTH ASSOCIATION
FIND WELLNESS.

FAMILY EDUCATION

Spontaneous Incentives

Very often, parental attention and praise are all the reinforcement a child needs. However, it can be helpful to combine praise with a hands-on reward, especially if the child has worked hard to learn a new skill or behavior.

You are invited to join us for a discussion about identifying positive behaviors, the value of unexpected rewards, and understanding small steps. As part of *The Incredible Years*® program, learn the difference between rewards and bribes and that what will reinforce one child will not necessarily reinforce another.

Who should attend?

Caregivers of children ages 1 to 5

Workshops are free!
Refreshments provided
Registration required

Schedule:

Friday
February 8, 2019
11:00 am to 1:00 pm

Will be held at:

Mental Health Association Family Support Services
320 North Goodman Street, Suite 202
Rochester, NY 14607

For more information and to register, call:
(585) 325-3145, ext.150