

REACHING FOR A HEALTHY LIFESTYLE:

Partnering with people with lived experience of mental illness to address system barriers to healthy eating.

Dr. Weinstein is a family physician and public health researcher with a long track record of community-based participatory research (CBPR) working with populations who experience the triad of mental illness, chronic physical disease and homelessness. She has pioneered a model of integrated care, bringing primary care services to patients with serious and persistent mental illness (SPMI) where they are accessing social and mental health services, namely, homeless shelters, assertive community treatment (ACT) programs and "[Pathways to Housing](#)". She has had success getting NIMH, American Cancer Society and SAMSHA funding. She is also the coordinator of a newly funded Opiate Use Disorder Center of Excellence in Philadelphia.

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Presenter: *Dr. Lara Carson Weinstein, MD, MPH, DrPH*

March 5, 2019

6-8pm

**Rochester Psychiatric
Center's Rehabilitation
Auditorium**

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