



MENTAL HEALTH ASSOCIATION
FIND WELLNESS.

FAMILY EDUCATION

The Single-Parent Family

Parenting can be wonderful and rewarding. In a two-parent family today, it can be pretty difficult. In a single parent family, it can be more than twice as tough! It's a challenge, but it can be done!

If you've been there, are there, or are getting ready to go there, you are invited to join us for a short video that details the single-parent family experience from the point of view of the parent, followed by a discussion on the topic.

Who should attend?

Caregivers of children of all ages

Workshops are free!
Refreshments provided
Registration required

When:

Wednesday
April 10, 2019
9:30 am to 11:30 am

Where:

Mental Health Association Family Support Services
320 North Goodman Street, Suite 202
Rochester, NY 14607

For more information and to register, call:
(585) 325-3145, ext.150