



MENTAL HEALTH ASSOCIATION
FIND WELLNESS.

FAMILY EDUCATION

Fostering Good Learning Habits

The Incredible Years®

Learn how to set up a predictable daily learning routine for academic activities, as well as how to follow through with limits you set. Understand the importance of monitoring homework.

You are invited to join us for a discussion about good learning, including a DVD on the subject. We will explore setting limitations about homework, TV, and computer games.

Who should attend?

Caregivers of school-age children

***Workshops are free!
Refreshments provided
Registration required***

When:

Monday

May 20, 2019

11:30 am to 1:30 pm

Where:

Mental Health Association Family Support Services

320 North Goodman Street, Suite 202

Rochester, NY 14607

For more information and to register, call:

(585) 325-3145, ext.150



