



MENTAL HEALTH ASSOCIATION  
FIND WELLNESS.

## **FAMILY EDUCATION**

### ***Middle Childhood***

Learning Seed<sup>©</sup>

During middle childhood, children gain body awareness, learn large amounts of information, and establish relationships with others outside their families.

You are invited to join us for a discussion about middle childhood, including a DVD from Learning Seed. We will explore how children begin to manage their own behavior in middle childhood and start to find their place in the world.

### **Who should attend?**

**Caregivers of children 6 to 12 years of age**

***Workshops are free!***  
***Refreshments provided***  
***Registration required***

**When:**

Monday

June 3, 2019

11:30 am to 1:30 pm

**Where:**

Mental Health Association Family Support Services

320 North Goodman Street, Suite 202

Rochester, NY 14607

**For more information and to register, call:**

(585) 325-3145, ext.122