



Daytimers Support Group



2019 Schedule

1st Friday of each month

12:00 PM—1:30 PM

MHA Office

320 N. Goodman St., Rochester

January 4, 2019

July 5, 2019

February 3, 2019

August 2, 2019

March 1, 2019

September 6, 2019

April 5, 2019

October 4, 2019

May 3, 2019

November 1, 2019

June 7, 2019

December 6, 2019

Meetings are free, refreshments are provided, and *registration* is required.

For Parents, Grandparents, and Caregivers of children with emotional and/or behavioral challenges. If your raising a child with behavior or emotional challenges, this may be the group for you. Daytimers is a great place to meet, talk and share resources with people who understand.

Why struggle on your own, when you're not alone?

We've been there: Our Family Peer Advocates are family members like you. We've navigated education and mental health systems first hand. We understand the challenges and we also know there is hope. We've made it through to the other side, and we'll help you make it too.

To register:
585.325.3145 x157 or
mharochester.org/family

