



MENTAL HEALTH ASSOCIATION  
*FIND WELLNESS.*

## **FAMILY EDUCATION**

### ***Active Parenting of Teens***

Let's talk about being an authoritative (active) parent rather than a dictator or a doormat. Learn the importance of choice and respect when working with today's adolescents.

You are invited to join us for a discussion about active parenting focused on preteens and teens. We will also address the special problems of drugs, sexuality, and violence.

#### **Who should attend?**

#### **Caregivers of preteens and teens**

***Workshops are free!***  
***Refreshments provided***  
***Registration required***

#### **When:**

Tuesday

August 13, 2019

5:00 pm to 7:00 pm

#### **Where:**

Mental Health Association Family Support Services  
320 North Goodman Street, Suite 202  
Rochester, NY 14607

**For more information and to register, call:**

(585) 325-3145, ext.122