MENTAL HEALTH ASSOCIATION
FIND WELLNESS.

FAMILY EDUCATION

Developing Capable Young People©

This training program, developed by H. Stephen Glenn, prepares adults who work with young people for developing the visions and skills that can determine how effectively they deal with life. These skills can help young people successfully meet life's challenges of learning, relationships, and the work world.

You October attend any or all parts of this three-part series. The topics are:

Helping kids see themselves as significant	October 11, 2019
Helping kids see themselves as influencing their lives	October 18, 2019
Helping kids develop interpersonal skills	October 25, 2019

Who should attend?

Caregivers of children of all ages

Workshops are free!
Refreshments provided
Registration required

When:
Fridays
October 11, 18 & 25, 2019
9:30 am to 11:30 am

Where:
Mental Health Association Family Support Services
320 North Goodman Street, Suite 202
Rochester, NY 14607

For more information and to register, call:
(585) 325-3145, ext.122