



MENTAL HEALTH ASSOCIATION
FIND WELLNESS

Teen Support Group

P.E.A.C.E.—Peers Encouraging A Caring Environment



2019/2020 Schedule

Mondays 6:00 PM—8:00 PM

<i>Downtown</i>	<i>Westside</i>	<i>Eastside</i>
<u>MHA Rochester</u>	<u>Renaissance Academy</u>	<u>Penfield High School</u>
320 N Goodman St. Rochester 14607	299 Kirk Rd. Rochester 14612	25 High School Dr. Penfield 14526
October 7, 2019	October 21, 2019	December 9, 2019
November 4, 2019	November 18, 2019	January 13, 2020
December 2, 2019	December 16, 2019	February 10, 2020
January 6, 2020	March 23, 2020	March 9, 2020
February 3, 2020	April 20, 2020	April 13, 2020
March 2, 2020	May 18, 2020	May 11, 2020
April 6, 2020	June 8, 2020	June 15, 2020
May 4, 2020		
June 1, 2020		

Meetings are free, refreshments are provided, and *registration* is required.

If you're a teen, between the ages of 13-18, PEACE is for you.

We encourage open and honest sharing of thoughts, emotions, and dreams among peers. To ensure a caring and safe environment, we provide a facilitator for every PEACE group. This facilitator is not a therapist and does not offer therapeutic advice.

The Mental Health Association fosters an environment to build skills and provide support to individuals facing a mental health challenge, empowering them to make informed decisions on their self-directed path to wellness.

**To register:
 585.325.3145 ext. 122
 or visit
mharochester.org/family**

